

## Sunrise Physical Therapy, LLC

Sunrise Physical Therapy, LLC is dedicated to giving each client an individualized, personal service that they can rely on & trust. To help us meet your needs, please fill out this form completely. If you have any questions or need help, please ask, we will be happy to assist you.

### **Patient Information**

Name: Last \_\_\_\_\_ First \_\_\_\_\_ MI \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Current address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #: H \_\_\_\_\_ W \_\_\_\_\_ C \_\_\_\_\_

\_\_\_ Male \_\_\_ Female Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ E-mail address: \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

Employer Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Family Doctor \_\_\_\_\_ Who can I thank for this referral? \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_

### **Cancellation / No Show Policy:**

If you need to cancel your appointment, please call us ASAP (24 hours notice) so that we have the opportunity to offer your appointment to another patient. If less than 24 hours notice is given or you do not show up, you will be charged for the amount of time you were scheduled at a rate of \$125/hour.

Initial \_\_\_\_\_

### **Consent for Care and Treatment:**

Your physical therapist will complete an evaluation process via interview and examination. From these findings, a treatment plan will then be designed, utilizing a variety of treatment techniques. I, the undersigned, do hereby agree and give consent for Sunrise Physical Therapy, LLC to provide physical therapy care and treatment identified as proper and necessary in addressing my physical condition.

Initial \_\_\_\_\_

### **Financial Policy**

Sunrise Physical Therapy, LLC accepts payments via cash, check, or credit card (MC/Visa). Services in our office are charged at a rate \$125/hr. Discounts are available for prepaid 5, 10, and 15-hour packages. Services at your location are charged at a rate of \$195/hr. Foot orthotics are \$395 all inclusive. We ask for full payment to be rendered at the time of service. We will be happy to provide you with forms for submission to your insurance company for possible reimbursement.

I agree that the information above is accurate. I understand the terms of this form and realize that I am financially responsible for charges incurred from cancellations or no shows.

Patient Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Signature: \_\_\_\_\_

## Medical History- Sunrise Physical Therapy, LLC

Do you:

Smoke: No\_\_\_ Yes\_\_\_ Yrs\_\_\_ Packs/day\_\_\_  
Drink diet soft drinks: No\_\_\_ Yes\_\_\_ Drinks/day\_\_\_  
Use artificial sweeteners: No\_\_\_ Yes\_\_\_  
Take Statin drugs (cholesterol lowering): No\_\_\_ Yes\_\_\_  
Sleep with pillow under/between knees: No\_\_\_ Yes\_\_\_  
Sleep well and wake up rested: No\_\_\_ Yes\_\_\_ Hours of sleep\_\_\_  
Wake up stiff in the morning: No\_\_\_ Yes\_\_\_  
Eat tomatoes, potatoes, peppers, eggplant: No\_\_\_ Yes\_\_\_  
Exercise: No\_\_\_ Yes\_\_\_

Type and amount: \_\_\_\_\_

How many ounces of water a day do you drink: \_\_\_\_\_ How much coffee/tea \_\_\_\_\_

Stress level, 0 being none, 10 the worst: \_\_0\_\_ \_\_1\_\_ \_\_2\_\_ \_\_3\_\_ \_\_4\_\_ \_\_5\_\_ \_\_6\_\_ \_\_7\_\_ \_\_8\_\_ \_\_9\_\_ \_\_10

Pain level, 0 being none, 10 the worst: \_\_0\_\_ \_\_1\_\_ \_\_2\_\_ \_\_3\_\_ \_\_4\_\_ \_\_5\_\_ \_\_6\_\_ \_\_7\_\_ \_\_8\_\_ \_\_9\_\_ \_\_10

Current symptoms/problem area: \_\_\_\_\_

\_\_\_\_\_

Current medications: \_\_\_\_\_

Current supplements: \_\_\_\_\_

Allergies to drugs, food, or other items (including latex): \_\_\_\_\_

\_\_\_\_\_

Operations/surgeries/fractures/significant injuries: (even as child) and year: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please check if you have had, or have, any of the following conditions:

<input type="checkbox"/> Insomnia	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> PTSD	<input type="checkbox"/> Phobias _____
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Mental illness/Depression	<input type="checkbox"/> Stroke	<input type="checkbox"/> High cholesterol
<input type="checkbox"/> Eating disorder	<input type="checkbox"/> Candida	<input type="checkbox"/> Cancer	<input type="checkbox"/> Diabetes (type I or II)
<input type="checkbox"/> Brain injury	<input type="checkbox"/> Heart attack/Disease	<input type="checkbox"/> Asthma	<input type="checkbox"/> Celiac disease
<input type="checkbox"/> Migraines	<input type="checkbox"/> Thyroid dysfunction	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Shortness of breath
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Heart palpitations	<input type="checkbox"/> Dizziness	<input type="checkbox"/> Irritable bowel syndrome
<input type="checkbox"/> Blood clots	<input type="checkbox"/> Multiple chemical sensitivity	<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Chronic fatigue syndrome
<input type="checkbox"/> Substance abuse	<input type="checkbox"/> Restless leg syndrome	<input type="checkbox"/> Reflux	<input type="checkbox"/> Carbon monoxide poisoning
<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Difficulty swallowing	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> ADD ___ ADHD
<input type="checkbox"/> Lyme's disease	<input type="checkbox"/> Difficulty speaking	<input type="checkbox"/> Concussion	<input type="checkbox"/> Sleep disorders
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Intrusive thoughts	<input type="checkbox"/> Stuttering	<input type="checkbox"/> Empty nest syndrome
<input type="checkbox"/> Sleep apnea	<input type="checkbox"/> Miscarriage	<input type="checkbox"/> Ulcers	<input type="checkbox"/> Sweaty hands and feet
<input type="checkbox"/> Night sweats	<input type="checkbox"/> Hemorrhoids	<input type="checkbox"/> Headaches	<input type="checkbox"/> Crohn's disease

Other conditions not listed: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

# Sunrise Physical Therapy, LLC

## Notice of Health Information Practices

This notice describes how information about patients may be used and disclosed and how patients can get access to this information. Please review it carefully.

### 1. Introduction

Sunrise Physical Therapy, LLC is committed to treating and using personal health information about all our patients responsibly. This Notice of Health Information Practices describes the personal information we collect, and how and when we use or disclose that information. It also describes patient rights as they relate to personal health information. This applies to all personal health information as defined by federal regulations.

### 2. Understanding Health Records/Information

Each time a patient visits Sunrise Physical Therapy, LLC, a record of the visit is made. Typically, this record contains symptoms, examination and test results, diagnoses, treatment, and a plan for future care or treatment. This information often referred to as the health or medical record, can possibly serve as a:

- \* Basis for planning care and treatment,
- \* Means of communication among the many health professionals who contribute to the care,
- \* Legal document describing the care received,
- \* Means by which you or a third-party payer can verify that services billed were actually provided,
- \* A tool in educating health professionals,
- \* A source of data for medical research,
- \* A source of information for public health officials charged with improving the health of this state and the nation,
- \* A source of data for our planning and marketing,
- \* A tool with which we can assess and continually work to improve the care we render and the outcomes we achieve.

Understanding what is in your record and how your health information is used helps you to: ensure its accuracy, better understand who, what, when, where, and why others may access your health information, and make more informed decisions when authorizing disclosure to others.

### 3. Your Health Information Rights

Although your health record is the physical property of Sunrise Physical Therapy, LLC, the information belongs to you. You have the right to:

- Obtain a paper copy of this notice of information practices upon request,
- Inspect and copy the health record (a reasonable fee may be required),
- Request an amendment of the health record,
- Obtain a list of the disclosures of the health information,
- Request a restriction on certain uses and disclosures of your information and,
- Revoke your authorization to use or disclose health information except to the extent that action has already been taken.

### 4. Our Responsibilities

Sunrise Physical Therapy, LLC is required to:

- Maintain the privacy of the health information,
- Provide patients with this notice as to your legal duties and privacy practices with respect to information that we collect and maintain,
- Abide by the terms of this notice,
- Notify the patients if we are unable to agree to a requested restriction.

We reserve the right to change our practices and to make the new provisions effective for all protected health information we maintain. Should our information practices change, we will provide the updated policy at the time of a future visit.

**Patient Name:** \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_